

PSHE and CITIZENSHIP

1. Policy Statement

Bournemouth Collegiate School (BCS) is a warm and welcoming community. We believe in the entitlement of young people to knowledge, facts and information about issues that affect their lives and wellbeing. PSHE and Citizenship is a key part of a well-rounded education which prepares pupils for their lives both in and after school. As a school it is our duty to promote wellbeing, and, in line with our ethos and aims, our PSHE and Citizenship programme aims to ensure pupils are confident and happy, ready and able to take their place in the world beyond school. To this end, our pupils follow a structured PSHE and Citizenship programme which progresses as they move through the school.

PSHE and Citizenship is a key way in which pupils can develop their self-knowledge, learn to be positive about their gifts and abilities, and develop their self-esteem and confidence. This is addressed in age-appropriate ways as the pupils move through the school. The PSHE and Citizenship programme aims to provide a structured programme which complements the curriculum and the school's ethos by focusing on topics which will help all pupils become active and caring members of the community, recognise and accept their own strengths and weaknesses, and learn to face new challenges with confidence.

The PSHE and Citizenship programme is delivered according to the procedures set out below and is supported and complemented by school ethos; assemblies; circle time, curriculum lessons; fund-raising activities; DofE activities; School Council; form times. The programme is designed to enable pupils to:

- *learn about the country they live in and gain a broad general knowledge of public institutions and public services in England*
- *have a healthy respect for the law and distinguish right from wrong*
- *be tolerant individuals who respect and appreciate their own and other cultures, appreciating racial and cultural diversity*
- *take steps to avoid and resist racism and all forms of discrimination*
- *accept responsibility for their own behaviour and show initiative*
- *become involved in their community and to be effective, confident and positive contributors to and users of its services and facilities*

The scope of PSHE and Citizenship at BCS is wide ranging and responds to topics and events when appropriate. The programme is tailored to the needs of our pupils, provides flexibility to ensure topical issues are raised and discussed, and encourages pupils to question and think about the

lives they lead. PSHE and Citizenship is one key way in which the pupils' spiritual, moral, social and cultural development is fostered, in line with the aims and ethos of the school.

BCS acknowledges the importance of staff training in the implementation and delivery of PSHE and Citizenship and is committed to providing continued professional development opportunities to staff through INSET.

BCS is fully committed to ensuring that the application of this PSHE and Citizenship policy is non-discriminatory in line with the UK Equality Act (2010). Further details are available in the school's Equal Opportunity Policy document.

This policy is applicable to all pupils in both senior and prep schools, including those in boarding and EYFS and BCS seeks to implement this policy through adherence to the procedures set out in the rest of this document.

In line with our Provision of Information policy, this document is available to all interested parties on our website and on request from the Senior school and Prep school offices and should be read in conjunction with the following documents: Anti-Bullying, Behaviour, Collective Worship, Contribution to the local community, Equal Opportunities, Subject policies, PSHE and Citizenship Schemes of work, Careers Policy, RS schemes of work, Teaching and Learning.

This document is reviewed annually by Assistant Principal Pastoral, Alison Davies and PSHE and Citizenship Coordinator, Prep School, Laura Plant or as events or legislation change requires. The next scheduled date for review is October 2012

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3. Key Personnel

PSHE and Citizenship in the Senior school is coordinated by the Assistant Principal Pastoral, Alison Davies

PSHE and Citizenship in the Prep school and EYFS is coordinated by Laura Plant, KS1 Coordinator and PSHE & C Coordinator.

All staff are teachers of PSHE and Citizenship, it underpins everything we do in school. Staff will ensure that they are familiar with the school's Child Protection (Safeguarding) Policy; Anti-bullying Policy; Behaviour Policy; Sex Education Policy, Spiritual, Moral, Social and Cultural Policy. Teachers 'live the values' of the school and are a positive role model to pupils.

4. Procedures

A. Senior School

In the Senior School, the PSHE and Citizenship curriculum is integrated into the curriculum and form time.

- Years 7 & 8 – a 60 minute lesson per week for 12 weeks as part of a carousel
- Year 9 – 2 x 60 minute lessons for 12 weeks as part of a carousel (one delivered by the school nurse)
- Years 10 & 11 – a 60 minute lesson per week

In Years 10 and 11 staff teach more within their specialist areas and PSHE is delivered as a carousel in roughly 5 week topics. The school nurse is one such specialist who is involved in delivery of particular issues such as sexual development and safety first, first aid, addiction and health. External speakers are also invited in where their specific expertise is relevant.

The PSHE and Citizenship schemes of work reflect our commitment to helping prepare young people to lead confident, healthy, safe and independent lives. Pupils are encouraged to develop their self-knowledge, self-esteem and self-confidence, to accept responsibility for their behaviour, to show initiative, and to gain the skills and understanding they need to become confident and positive contributors to community life.

Health Education [HE]

Drugs, Alcohol and Tobacco

Education about drugs, alcohol and tobacco

Nutrition and Physical Activity

Education about how a healthy balance of food and exercise provides the energy and nourishment everyone needs to survive and to enjoy life

Sex Education

Effective Sex Education is crucial to developing and maintaining emotional and physical health. Members from the NHS sexual health team are involved in giving talks to all years. Contraception and pregnancy are also covered.

Personal and Social Education [PSE]

Emotional Health and Wellbeing

Pupils are made aware of the emotional health issues that we all face, and are encouraged to support their peers

Relationship Education

Education about the benefits of effective Relationship Education (RE) is in developing and maintaining emotional and physical health

Safety

Safety education is included to help pupils to recognise potential risks in order to keep themselves safe in the home, at school, while travelling, at work, in play, in sport and in leisure.

Citizenship

At BCS, we aim to help to give our pupils the opportunity to gain a broad general knowledge how society operates and how they, as individuals, can live as effective citizens within this. They are encouraged to distinguish right from wrong and to understand and respect the law. They are given opportunities to gain a broad general knowledge of public institutions and services in England so that, according to their maturity, they can become effective users of their facilities and services. Contemporary issues such as immigration, rights and responsibilities under the law, human rights and the Human Rights Act of 1998 are explored so that our pupils are better informed so as to be able to avoid and resist racism. The political and legal system in the UK and

internationally, conflict resolution and campaigning are also explored. Pupils are given a basic introduction to political parties and politics nationally and internationally. Democracy, political parties, elections, voting patterns, role of government, types of government and structure of government are also investigated.

Global Awareness

Pupils learn about the concept of being 'Global Citizens' including an exploration of multiculturalism and tolerance in order to acquire a better appreciation of racial and cultural diversity as well as an enhanced respect for their own and other cultures.

Personal Finance

Pupils are given opportunities to acquire the knowledge, skills and understanding they need to develop basic financial capabilities and to make a positive financial contribution to society.

Careers

In line with our Careers and Higher Education Advice, pupils learn about careers in Years 9, 10 and 11. In Year 11 all pupils meet with the school careers advisor and discuss personal plans of action and the direction they wish to take in the following year. At Key Stage 3 and in Year 9 in particular, pupils review their current academic progress within BCS to help guide them through the options process. See BCS Careers Policy for further details.

Work Experience

All pupils in Year 10 do a mandatory week of work experience in March. All pupils are given the opportunity to access www.learnaboutwork.net/dorset. Pupils select a place of work of their choice from the data base (all placements meet health and safety regulations). They are given the responsibility of contacting their chosen work place to arrange this placement. Pupils learn about how to conduct themselves within the work place and what to do in given situations that they may not have yet encountered. See BCS Careers Policy for further details.

Police/community input

The local community officer is invited in to give talks to predominately Key Stage 3 on current community issues, respecting others and how to treat each other.

Pupils and staff are expected to establish specific ground rules and boundaries to ensure that sensitive issues are handled with mutual respect, recognising that both pupils and teachers have a right to privacy. It is recognised that staff are not experts in all the areas covered by PSHE and Citizenship, rather facilitators of pupils' learning. Any concerns that staff have arising from PSHE and Citizenship lessons should be directed in the first instance to the form tutor and then the Assistant Principal, Pastoral.

Detailed PSHCE and Citizenship schemes of work for each year group in the Senior school are kept in the T drive – Staff Common – Departmental Documents – PSHCE schemes of work. An overview is kept by the PSHE and Citizenship Coordinator, Assistant Principal Alison Davies. Resources are kept centrally in school, mainly in room 71. The Schemes of Work are also

available on the school G Drive under Policies_Whole School in the file BCS_PSHE2 Schemes of Work.

B. Prep School

Teaching and Learning

In the Prep School, the core PHSE and Citizenship curriculum is delivered in a 30 minute lesson each week with the class teacher, as well as one assembly time with the Head of Prep.

However, many of the objectives are covered or reinforced through other areas of the school's curriculum e.g. RE, Assemblies, History, Science, PE and the 'hidden curriculum;' attitudes and expectations of behaviour promoted by adults in the school. Opportunities are given for pupils to consider environmental, global, human rights, political and legal issues and to learn about the country in which they live through special assemblies, school and class discussions when appropriate or when current in the news.

We follow the SEAL (Social Emotional Aspects of Learning) Materials from within the Borough of Poole's 'Rainbow' Programme. The overview is as follows:

Autumn 1	New Beginnings
Autumn 2	Getting on and falling out
Spring 1	Going for Goals
Spring 2	Good to be me
Summer 1	Relationships
Summer 2	Changes

This is also supplemented with additional topics in each term:

Autumn Term – 'Say no to Bullying'

Spring Term – Keeping Safe and Internet Safety

Summer Term – KS2 Personal Health including, Sex, Growing Up and changes

Detailed schemes of work for each year group are kept in the relevant 'Rainbow File', with an overview kept by the PSHE and Citizenship Coordinator, Laura Plant. Resources are kept centrally in school and additional resources are available on the SEAL website. The Schemes of Work are also available on the school G Drive under Policies_Whole School in the file BCS_PSHE2 Schemes of Work.

We use a range of teaching and learning styles, including pupils in activities such as discussions, debate, role play, games, investigations and problem-solving activities. We offer opportunities for circle time, so that pupils are able to resolve conflicts or behaviour issues or explore opinions feelings, emotions and attitudes in a safe and controlled way.

During discussion and circle time, pupils and staff are expected to establish specific ground rules and boundaries to ensure that sensitive issues are handled with mutual respect, recognising that both pupils and teachers have a right to privacy. Staff are aware that views around PSHE related issues are varied. Therefore, while personal views are respected, all PSHE issues are taught without bias. Topics are presented using a variety of views and beliefs so that pupils are able to form their own, informed opinions but also respect others that may have a different opinion. It is recognised that staff are not experts in all the areas covered by PSHE and Citizenship, rather facilitators of pupils' learning. Any concerns that staff have arising from PSHE and Citizenship lessons should be directed in the first instance to the Laura Plant.

Sex Education

Lessons for Years 4, 5 and 6 about Sex, Growing Up and Change are taken by the school nurse, Hilde Duckitt. Parents are informed in advance of when such lesson are going to take place and are invited to consider the content of the lessons beforehand.

The approach to Sex Education is primarily to help children cope with the physical and emotional challenges of growing up. Sex Education will not be taken out of context or over-emphasised in any way. It will sit firmly within our PSHE and Citizenship programme. The biological aspects of sex and reproduction will be covered in Science.

Our Golden Rules are reinforced at all times and in all classes. These contribute to the creation of a school ethos that values the place and contribution of all individuals to the school community and promotes self respect and respect for others.

Pupils take on different roles of responsibility during their school life, including Class monitors, House captains, Buddies, School Council representatives, Prefects. Older pupils are involved in representing the school by conducting tours for prospective parents on open days. All pupils are encouraged to 'have a voice' and are invited to contribute to school development and improvement through their school council Representative. Our active 'Eco Group' initiates projects to involve all pupils in activities that contribute to Green issues.

Relationships

Our continuous focus and strength of the school is that of relationships; between pupils, pupils and adults, and between key adults and parents. For many young pupils school is the first step towards extending their understanding of friendship and relationships and where they learn to be considerate and recognise their own and others' strengths. Pupils need to see themselves and each other as special and worthy of respect and care.

Alongside our work with the pupils, our relationships with parents are extremely important. If parents feel well informed, comfortable with the teachers and can see us in a position of trust, they in turn will convey this to their children. Our relationship with parents is strengthened by operating an open-door policy. We want parents feel that they are valued members of our school and partners in their child's learning.

Communication

Great emphasis is placed upon developing pupil's skills of communication. Pupils will be encouraged to:

- look at the differences between aggressive, passive and assertive responses through drama and discussion
- develop skills of negotiation and conflict resolution
- explore the concept of compromise and practise how to negotiate in difficult situations, such as bullying and problems with friendship groups
- explore how people show their feelings in the way they look and move and speak
- consider how the actions of others affect them and then look at how their actions affect other people
- take an active role in their own learning through target setting and 1:1 discussion with their teacher
- have the confidence to share their ideas, views and feelings and know that they are valid and valued
- become involved in decision making that affects themselves and the school as a whole

Cross Curricular Links and the use of ICT

Subjects such as English, History, Geography, PE and RS provide many opportunities to support the PSHE and citizenship curriculum. Work in these areas enables children to:

- Use role play and drama activities to ensure equality of access to a diverse range of language and literature
- See the diversity of human experience and understand more about themselves as individuals and members of society
- Understand that people involved in the same historical event had different experiences and views and developed a variety of different stories versions and interpretations.
- Challenge stereotypical views of countries and understand that all economic development takes place within a global context
- Challenge themselves in sport to achieve new goals, to develop a understanding of healthy competition and to win and lose with dignity and good sportsmanship; to encourage others and to work as a team
- Focus on common elements, concerns and values in human experience and religious traditions, while appreciating the distinctiveness and integrity of individual faiths

All subject areas provide a context for pupils to work cooperatively and collaboratively in pairs, groups and teams, to learn to value and respect the views of others.

All subjects can ensure that resources provide a balance of examples of role models from diverse cultural backgrounds, that the past and present are reflected accurately, and that global links through electronic and other forms of communication are made.

There are several internet sites that are used as part of teaching the PSHE and Citizenship curriculum which use interactive games to teach the learning objective.

Extra Curricular Activities and Educational visits

We encourage pupils to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open days, or involvement in an activity to help other individuals or groups less fortunate than themselves. Pupils have opportunities to meet and work with members of the community, such as health workers, fire fighters, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

The school has an extensive timetable of extracurricular activities which encourage teamwork and other areas of the PSHE and Citizenship curriculum e.g. healthy life styles or caring for the environment. Also, playtimes and lunch times are social times providing the children with opportunities to learn and use their social skills.

Every year pupils take part in a variety of school trips, each trip will have embedded into it some form of PSHE and Citizenship as the children learn to interact with their peers and the world around them. Residential trips organized for older pupils have a significant impact upon their social and emotional development.

The school environment

The look and feel of the whole school environment is an important part of pupils' development in PSHE and Citizenship. They are encouraged to take responsibility for it, look after it, feel proud of it. We aim to provide a welcoming atmosphere by promoting well arranged displays, furniture, cleanliness and well-kept grounds. Pupils are encouraged to take part in looking after the school, from keeping their classrooms and cloakrooms clean and tidy to recycling resources. They are responsible for being welcoming and courteous to visitors and ambassadors for the school when they are out in the community. By positive reinforcement we maintain a warm, safe and attractive environment for everyone in the school.

Assessment

There are no statutory requirements for end of key stage teacher assessment in PSHE & Citizenship.

Teachers assess the pupil's work in PSHE and Citizenship by making informal judgments as they observe them during lessons and in social situations, measured against the specific key stage statements provided in the PSHE & Citizenship framework.

Homework

No formal homework is set for this subject, but certain topics may be extended at home through family discussion. Parents are encouraged to discuss topical issues and current affairs with their children. Parents are also expected to support and reinforce school rules and policies and to explain these to their children.

Reporting and celebrating achievement

The house point system and individual teacher's use of stickers, stamps and certificates, reward effort, achievement, courtesy and endeavour. This is reinforced through Friday Merit Assembly. Acknowledging when pupils have met personal targets, made significant progress or contributed to the life of the school is an important part of their development in PSHE and Citizenship. We aim

to build self esteem, team spirit and the motivation to continue. Work is also often celebrated through displays of work.

Termly reports to parents comment on pupils' personal and social development. We also discuss observations with parents both informally, (as the need arises) and at Parent Consultation Evenings.

Learning Support and Highly Able pupils

We teach PSHE and Citizenship to all pupils, with a sensitivity and awareness of their age, ability and understanding. When teaching PSHE and Citizenship, teachers take into account any personal targets set for pupils as well as IEPs.

Monitoring, Evaluation, Review and Coordination

The PSHE and Citizenship Coordinator, Laura Plant, is responsible for monitoring and evaluating the standards of pupil's learning and the quality of teaching through lesson observations and work scrutiny. She supports colleagues in the teaching of PSHE and Citizenship, by giving staff information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. The PSHE and Citizenship Coordinator will provide INSET training as required. She will monitor Schemes of work and Medium term planning. It is her role to review the policy and scheme of work on a regular basis.

C. EYFS setting

Much of the information in the section above also applies to pupils in the EYFS.

We teach PSHE and Citizenship in the EYFS as an integral part of the topic work covered during the year. We relate the PSHE and Citizenship aspects of the pupil's work to the areas of learning set out in the EYFS framework guidance to develop a child's personal, emotional and social development. However, PSHE and Citizenship is embedded in all six areas of the pupil's curriculum and into their daily routines and care.